



419 E. MAIN ST. JEFFERSON, NC 28640
PHONE 336-846-7227

Legal Name: _____ Nickname: _____

Mailing Address: _____

EMAIL ADDRESS: _____

What reminder method do you prefer? Email Text Call

Primary phone number: _____ Secondary phone number: _____

Height: _____ Weight: _____ DOB: _____

Primary Insurance: _____ Secondary Insurance: _____

Primary Care Provider: _____ Referring provider: _____

PAST PRESENT

- High Blood Pressure
- Pacemaker
- Angina
- Heart Attack
- Stroke
- Congestive Heart Failure
- COPD
- Asthma
- HIV/AIDS
- Systemic Lupus
- Epilepsy
- Rheumatoid Arthritis
- Fibromyalgia
- Diabetes
- Osteoarthritis
- Recent weight loss or gain (unexplained)
- Osteoporosis
- Depression
- Cancer- Location: _____
- Tobacco- packs/day _____
- Other: _____

Prior hospitalizations / Surgical procedures:

Medications (dosage/ MG, Times per day):

ALLERGIES:

Please describe your current limitation or complaint:

Please describe **how** and **when** your problem began:

Indicate the intensity of your **pain at best**

(no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable pain)

Indicate the intensity of your **pain at worst**

(no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable pain)

Your symptoms are worse in:

- Morning Afternoon Night Increased during the day Same all day

Are you experiencing any issues with balance?

Yes No – If yes, how many falls have you had in the past 6 months? _____

Have you had any other treatment for this condition?

Yes No - If yes, please indicate treatment _____

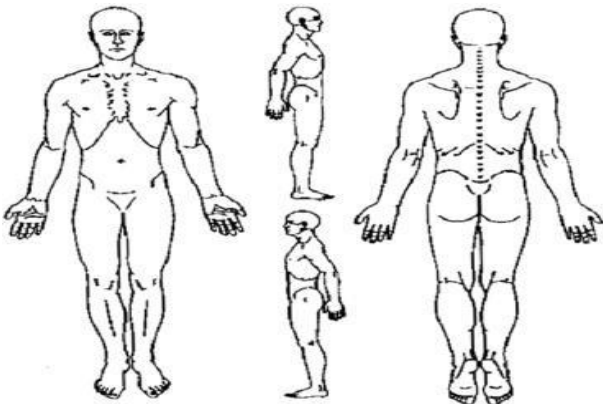
Was this treatment effective: Yes No

Occupation: _____

Has your work status changed because of this condition? Yes No

Is this the result of a work-related injury? Yes No

Was this the result of a motor vehicle accident? Yes No



Please describe the nature of your pain by marking the following image

- Sharp pain
- Dull/ache
- Throbbing
- Numbness
- Shooting
- Burning

How did you hear about Schuster Physical Therapy? _____

FINANCIAL POLICY: It is the policy of Schuster Physical Therapy (SPT) that payment is due in-full at the time that services are rendered. This includes copayments, deductibles, co-insurance or self-pay fees. Please read the insurance benefits booklet that your insurance provided you to fully understand all waiting periods, frequency limitations, copays, deductibles and other exceptions/ exclusions for your individual plan.

COMMERCIAL INSURANCE PATIENTS: Please understand that any information we relay on behalf of your insurance is simply a courtesy to you and is not a guarantee of payment. Occasionally information provided to SPT may be limited or inaccurate. It may take several months for your insurance company to process your claim. If no payment has been made by your insurance company within 6 months of the date of service, you will be responsible for the balance. Occasionally, insurance companies will remit payment to the member rather than the provider's office. In this event, you will be responsible for the amount due to Schuster Physical Therapy. **Should your insurance plan or your insurance carrier change, please inform us immediately.**

MEDICARE: Medicare has an informal "cap" of \$2010 per year for outpatient physical therapy and speech therapy but will readily make exceptions for care if it is deemed medically necessary. **Please inform SPT if you have any secondary insurance coverage.**

WORKERS COMPENSATION (WC): **Please inform our office immediately if your care is related to a Worker's Compensation case.** We will bill your worker's compensation carrier for treatment charges. If we do not have a worker's compensation claim id or case manager contact information and your claim is denied, you will be responsible for all expenses related to your treatment.

MOTOR VEHICLE ACCIDENT: **Please inform our office immediately if your care is related to a recent motor vehicle accident.** If you fail to inform SPT that your need for treatment is related to a motor vehicle accident and your insurance claims are denied, **you will be fully responsible for the cost of your care.** If you are working with an attorney or have a claim number for your accident, please inform our staff before your first visit.

SELF-PAY/ NON-ENSURED: Self-Pay Physical Therapy examinations are \$125 and Follow-Up Physical Therapy Treatment visits cost \$75.

Our Billing Process

- Insurance claims are sent on behalf of Schuster Physical Therapy, through our electronic billing partner, "The Medical Billing Center."
- After your insurance company has processed our claim and SPT has secured applicable payment and/ or received an Explanation of Benefits (EOB), The Medical Billing Center will send you a statement for any potential outstanding balance. Please understand that it may take several months for your insurance company to process claims and return final EOBs.
- Balances over 60 days past due will be subject to a 5% monthly finance charge.
- Returned checks will be charged a \$40 fee.
- Unpaid balances that are 90 days past due will be sent to collections. We will be very pleased to make arrangements with you to avoid utilizing a collections agency.

Print Legal Name: _____

Schuster Physical Therapy Patient Informed Consent: I voluntarily consent to physical therapy treatment and services deemed necessary by my physical therapist and/ or referring provider. I acknowledge that no guarantees have been made to me as to the results of treatment at Schuster Physical Therapy. It is this clinic's sincere intent to educate me on every process of my rehabilitation. If techniques that are being used to address my symptoms are not understood fully or if I have any other questions or concerns about my care, I understand that it is my sole responsibility to communicate with my therapist or the management of Schuster Physical Therapy. By signing below, I consent to treatment, I agree to communicate any concerns regarding my therapy promptly and I will perform the prescribed activities and Home Exercise Plan to the best of my ability.

Patient/Parent/Guardian Signature _____ Date _____

Emergency Contact: Name _____ Contact _____

Assignment of Benefits: I hereby authorize my insurance benefits be paid directly to Schuster Physical Therapy. I understand that I am financially responsible for all services. I agree to all terms and conditions listed above.

Patient/Parent/Guardian Signature _____ Date _____

Schuster Physical Therapy Privacy Policy: By signing below, I agree that I have reviewed the Notice of Privacy Practices and agree to these conditions.

Patient/Parent/Guardian Signature _____ Date _____

Schuster Physical Therapy Release of Information: In order to provide the highest standard of care, we may need to discuss your case with other health care professionals, lawyers, coaches or family. I authorize release of my medical records to the following:

Name _____ Contact _____

Name _____ Contact _____

Name _____ Contact _____

Schuster Physical Therapy Missed Appointment Policy: We are fully committed to partnering with you in the rehabilitation process and expect that you will attend all scheduled appointments (emergency situations not withstanding). Failure to cancel an appointment with less than 24 hours' notice will result in a \$25 fee. In instances of repeated cancellations or "no-shows", SPT reserves the right to discontinue care. By signing below, I assert that I understand and agree to this policy. Charges for missed appointments are intended to help compensate for missed business opportunities. **I give Schuster Physical Therapy permission to charge my card on file for any no-show fees I have accrued.** Please understand you will not make improvements if you do not attend your prescribed therapy sessions.

Patient/Parent/Guardian Signature _____ Date _____

Pelvic Floor Disability Index (PFDI-20)

Instructions: Please answer all of the questions in the following survey. These questions will ask you if you have certain bowel, bladder, or pelvic symptoms and, if you do, **how much they bother you**. Answer these by circling the appropriate number. While answering these questions, please consider your symptoms over the last 3 months. The PFDI-20 has 20 items and 3 scales of your symptoms. All items use the following format with a response scale from 0 to 4.

Symptom scale:
0 = not present
1 = not at all
2 = somewhat
3 = moderately
4 = quite a bit

NAME

DATE

Pelvic Organ prolapse Distress Inventory 6 (POPDI-6)

<i>Do You...</i>	NO	YES			
1. Usually experience pressure in the lower abdomen?	0	1	2	3	4
2. Usually experience heaviness or dullness in the pelvic area?	0	1	2	3	4
3. Usually have a bulge or something falling out that you can see or feel in your vaginal area?	0	1	2	3	4
4. Ever have to push on the vagina or around the rectum to have or complete a bowel movement?	0	1	2	3	4
5. Usually experience a feeling of incomplete bladder emptying?	0	1	2	3	4
6. Ever have to push up on a bulge in the vaginal area with your fingers to start or complete urination?	0	1	2	3	4

Colorectal-Anal distress Inventory 8 (CRAD-8)

<i>Do You...</i>	NO	YES			
7. Feel you need to strain too hard to have a bowel movement?	0	1	2	3	4
8. Feel you have not completely emptied your bowels at the end of a bowel movement?	0	1	2	3	4
9. Usually lose stool beyond your control if your stool is well formed?	0	1	2	3	4
10. Usually lose stool beyond your control if your stool is loose?	0	1	2	3	4
11. Usually lose gas from the rectum beyond your control?	0	1	2	3	4
12. Usually have pain when you pass your stool?	0	1	2	3	4
13. Experience a strong sense of urgency and have to rush to the bathroom to have a bowel movement?	0	1	2	3	4
14. Does part of your bowel ever pass through the rectum and bulge outside during or after a bowel movement?	0	1	2	3	4

Urinary distress Inventory 6 (UDI-6)

<i>Do You...</i>	NO	YES			
15. Usually experience frequent urination?	0	1	2	3	4
16. Usually experience urine leakage associated with a feeling of urgency, that is, a strong sensation of needing to go to the bathroom?	0	1	2	3	4
17. Usually experience urine leakage related to coughing, sneezing or laughing?	0	1	2	3	4
18. Usually experience small amounts of urine leakage (that is, drops)?	0	1	2	3	4
19. Usually experience difficulty emptying your bladder?	0	1	2	3	4
20. Usually experience pain or discomfort in the lower abdomen or genital region?	0	1	2	3	4

Scoring the PFDI-20

Scale Scores: Obtain the mean value of all of the answered items within the corresponding scale (possible value 0 to 4) and then multiply by 25 to obtain the scale score (range 0 to 100). Missing items are dealt with by using the mean from answered items only.